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| **A time to mourn**  ***You are not alone in this difficult time. Be assured that we are praying for you in your sadness.***  ***May God hold you in his everlasting arms and give you comfort and peace.***  The eternal God is your refuge, and underneath are the everlasting arms. *Deuteronomy 33:27*  **Loving Lord,**  **who wipes away every tear from our eye,**  **draw near to those who grieve**  **and mourn the loss of that which is dear.**  **In the midst of sorrow be their comfort,**  **in the place of sadness be their hope. Amen** | Q:\q_drive\MSHShared\Notes\Georgina's folder\COVID-19 online resources\Mothers' Union - COVID-19 response pictures.png |
| **Take time to grieve**  Blessed are those who mourn,  for they will be comforted. *Matthew 5:4*  **May God, in your grieving, be your comfort.**  **In times of sadness may he give you peace.**  **Take time to rest**  Come to me, all of you who are weary  and carry heavy burdens, and I will give you rest. *Matthew 11:28*  **May God, in your weariness, be your strength.**  **In times of sadness may he give you rest.** | **Take time to remember**  He heals the broken-hearted and binds up their wounds  healing their pain and comforting their sorrow. *Psalm 147:3 (AMP)*  **May God, in your remembering, be your companion.**  **In times of sadness may he share your loss.**    **Take time to hope**  God will wipe every tear from their eyes. There will be no more death  or mourning or crying or pain, for the old order of things has passed away. *Revelation 21:4*  **May God, in your sorrow, lighten your spirit.**  **In times of sadness may he give you hope. Amen** |
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